

VEGETABLE-2



Name: _____ **Date:** ___/___/___ **Score** _____

Cucumber:



1. It is a long vegetable.
2. It has dark green skin and light green flesh.
3. It is usually eaten raw.

Pumpkin:



1. It is a large round vegetable.
2. It has thick orange skin.
3. The seeds can be dried and eaten
4. The soft flesh can be cooked as a vegetable.

Corn:



1. The yellow seeds of a type of maize plant are also called corn.
2. It grows on thick stems.
3. It is cooked and eaten as a vegetable.
4. It is rich in carbohydrates.

Potato:



1. It is a round vegetable with white flesh.
2. It has a brown or red skin.
3. It grows underground as the stem of a plant.
4. It is rich in carbohydrates.

Ginger:



1. The root of the ginger plant is used in cooking as a spice.

Garlic:



1. It is a vegetable of the onion family.
2. It has a very strong taste and smell.
3. It is used in cooking to give flavor to food.

Bottle gourd:



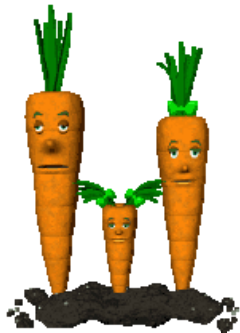
1. It has a light green smooth skin and white flesh.
2. It grows on a vine.
3. It is light on the stomach and aids digestion.

Peas:



1. It is a small round green seed.
2. It is eaten as a vegetable.
3. Several peas grow together inside a long thin pod on a climbing plant.

Carrot:



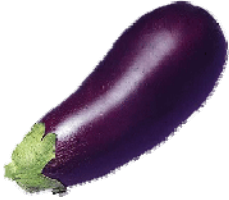
1. It is a long pointed orange root vegetable.
2. It is a major source of vitamin A.

Cauliflower:



1. It is a vegetable with green leaves around a large hard white head of flowers.
2. It helps in reducing the risk of cancer.

Brinjal:



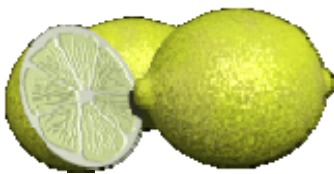
1. It is a vegetable with shiny dark purple skin "and soft white flesh.

Chilli:



1. It is a small green or red fruit of a type of pepper plant.
2. It is used in cooking to give a hot taste to food.
3. It is often dried or made into powder to use

Lemon:



1. It is a yellow citrus fruit.
2. It has a lot of sour juice.
3. Slices of lemon and lemon juice are used in cooking.
4. It contains substantial amount of vitamin C.

Spinach:



1. It is a vegetable with large dark green leaves.
2. It is cooked or eaten in salads.
3. It is rich in vitamins and minerals.

Turnip:



1. It is a round white, or white and purple, root vegetable.
2. It is good source of carbohydrates.

