

VEGETABLE-1



Name: _____ Date: ___/___/___ Score _____



Farmers harvesting



Vegetable Seller - one who sells vegetables

Tomato:



1. It is a soft fruit.
2. It has a lot of juice and shiny red skin.
3. It is eaten as a vegetable either raw or cooked.
4. It is rich in vitamin c.

Beans:



1. It is a pod containing seeds, of a climbing plant.
2. It is eaten as a vegetable.
3. There are several types of beans.

Onion:



1. It is a round vegetable.
2. It has many layers inside each other.
3. It has a brown, red or white skin.
4. It has a strong smell or flavor.

Bitter gourd:



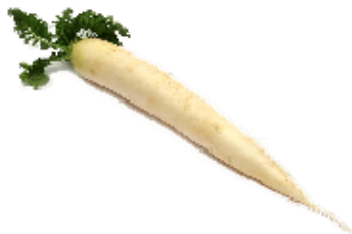
1. It looks like a cucumber but with ugly gourd-like bumps all over it.
2. Bitter gourds are very low in calories but dense with precious nutrients.
3. It is an excellent source of vitamins.

Ladyfinger:



1. The green seed cases of the okra plant, eaten as a vegetable.

Radish:



1. It is a small crisp white root vegetable.
2. It has a strong taste.
3. It is eaten raw in salads.

Cabbage:



1. It is a round vegetable.
2. It has large green, purplish-red or white leaves.
3. It can be eaten raw or cooked.
4. It is rich in vitamin C.

Beetroot:



1. It is a plant with a round dark red root.
2. It is cooked and is eaten as a vegetable.
3. Beetroot is notable for its sweetness.
4. It has high sugar content.
5. It is very low in calories.

Capsicum:



1. It is a thick-walled fruit.
2. It is available in green, red, yellow, purple, orange and other colors.
3. It is heart-shaped or boxy.
4. It has a short stem and crisp flesh.